



Lincoln Laser Skincare

explaining

Micro-dermabrasion



Microdermabrasion is often used as an adjunct treatment to enhance the effects of laser and Intense Pulsed Light treatments.

It helps to prepare the skin by removing dead skin cells off the surface of the skin and allows for better penetration of the laser; this is especially important when being treated with the Nlite-V laser.

What does the treatment involve?

Microdermabrasion softens the appearance of acne scarring and other surface irregularities, and leaves a polished, smooth surface. It is ideal for ageing skin, fine lines, wrinkles, brown spots / pigmentation, acne skin, acne scars, enlarged pores, blemished skin, devitalized skin, dull skin, thickened skin and brown spots.

Microdermabrasion is a non-surgical, non-invasive treatment which uses crystals on the skin. Performed with a jet of micro crystals vacuumed with a hand piece across the skins surface at high power to remove the dead and damaged cells. The therapist can control the depth of the abrasion.

How many treatments are required?

Treatments last 30 minutes and your therapist can recommend how many would be of benefit to you. After the treatment the skin may feel tight as if exposed to the sun or wind.

Some skins may peel and it is important to use good moisturisers. If deeper treatment is performed, there may be marked redness and swelling which will subside within a few days. Healing time varies from 3 to 4 days or longer, but the results are worthwhile.